



HOW TO PERFORM A WET SHAVE

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OVERVIEW

Chris has used a variety of shaving techniques, including the sponge technique to help soften very tough beard hair. He has covered facial massage and the importance of rehydrating his clients face to avoid any skin irritation during the wet shave. Preparation is key to a successful shave.



CONSULTATION

Check thoroughly for contra-indications that may need you to adjust how you perform the service or may actually stop you doing the service.

***HANDY TIP** - If the skin is not suitable to shave because of an issue such as acne or in-growing hairs then a facial service can be offered to your client instead. Your clippers should be cleaned with Clippercide before every new client. Eye pads are applied to protect the eyes from any cut hairs, and to help the client to relax.



STEP 1

We now start to clipper off the beard in preparation for the shave using mini clippers. If you are using close cutting mini clippers, be light on your pressure and speed to make sure you do not irritate the skin. Cut the facial hair down making sure you leave the grain visible. On fairer hair you may need to leave a longer length such as a number 1 grade.



STEP 2

We now check the sideburn levels for accuracy on both sides. Where possible shave away from the mouth to avoid hair falling onto the lips making it uncomfortable for the client. Keep your client as clean as possible throughout the service. You can now remove the eye pads if you wish. Gloves are a must for the protection of you and your client from cross infection. We now apply steam to the face to open the pores ready for the facial and also to soften the beard to make the shave easier and more comfortable.



STEP 3

We then apply a facial scrub onto the face, we massage the product in using the effleurage technique.

***HANDY TIP** - Warm the facial scrub using the steam to moisten and activate the product. Use a towel to remove the excess facial scrub.



STEP 4

Wipe the towel against the grain to help lift the facial hairs to achieve a smoother shave.



STEP 5

We apply the oil and use petrissage and tapotement techniques on the face. Talcum powder can be used to help absorb any excess oil off your gloves.

*HANDY TIP - We change the blade in front of the client to give him peace of mind that he has a fresh blade to stop cross infection.



STEP 6

Hot towels are used to warm the face further before the cream is applied. Towels are tested on the wrists to check for the correct temperature before applying. Make sure you always use hot water with your brush and it is sterilised correctly after every client.



STEP 7

We apply cream with a brush using a circular motion to create a foam and helps lift the hairs to allow the cream to sit under each hair.



STEP 8

We pinch the brush to apply the cream. This helps to achieve a comfortable consistent and close shave.



STEP 9

Squeeze the excess cream from the brush to apply to the densest areas of the beard, normally around the chin and moustache.

*HANDY TIP - Wipe excess cream off the surrounding area of the beard. We remove this cream off the cheeks, nose and neck area to ensure dry areas to grip the skin properly.



STEP 10

After placing a tissue on the clients shoulder we commence the shave. We start shaving from the the sideburn, angling our blade at 30 degrees. Tension on the skin must be good at all times when shaving to ensure client comfort. To achieve good tension your free-hand must be clean of oil and cream.

*HANDY TIP - Be methodical when cleaning the blade to look professional and not waste tissues.



STEP 11

We continue to check the growth pattern of the facial hair and continue to shave with the grain.



STEP 12

Remove excess product with the back of your razor.



STEP 13

We shave above the top lip making sure we are always working with tension to aid the removal off facial hair. Make sure you do not rub the blade directly facedown onto the tissue, use the side instead, to ensure you don't blunt the blade.



STEP 14

We now shave the other side using the back hand technique constantly applying tension on the skin to allow for a comfortable shave.



STEP 15

Ensure you stay shaving with the grain at all times to stop future ingrown hairs and prevent irritation.



STEP 16

When moving your client's head, very gently move the head where you need it to be to keep the client relaxed throughout the shave.



STEP 17

Continue using the back hand technique on the neck. Make sure you are going with the grain and constantly apply tension to avoid discomfort.



STEP 18

Avoid shaving directly onto the jawline, stretch above or below instead to prevent irritation to this area.



STEP 19

Use the back of the razor to remove excess cream just before to see the shaving area clearly.

*HANDY TIP - If the philtrum on your clients moustache area is deeper lying then you can ask your client to stretch this area to create a flat surface to shave on.



STEP 20

Gently pinching the clients nose we lift it to create tension then remove the hair.



STEP 21

We now shave with grain across the chin.



STEP 22

We continue to shave with the grain up towards the lip area.



STEP 23

We use the back hand technique on the neck area under the chin always applying tension. We pull the skin away either side of the Adam's Apple.



STEP 24

We ask the client to open and relax their mouth to shave the hairs hiding just under the bottom lip. This is the only time we go against the grain using light pressure.



STEP 25

A shaving oil is used and applied with the sponge to provide lubrication and moisture to the skin. We use a fresh sponge for every client then dispose of it.



STEP 26

A sponge is used to further lift the facial hair to get the beard extra soft whilst still maintaining shaving with the grain for the second shave. This technique provides greater friction than a brush.



STEP 27

We apply hot towels, be sure to test them on your wrists before placing them on the client.



STEP 28

After removing the towels, shaving gel is applied to see the grain and provide lubrication for the blade to glide over.



STEP 29

Using a paper towel we remove any product from the area outside the shave to allow for a good grip for applying tension.



STEP 30

We commence with the second shave and use longer strokes as there is less friction due to the removal of the longer facial hair during the first shave.



STEP 31

Using back hand technique again to shave the other side, using longer strokes once more.



STEP 32

We constantly check the face for any rough areas that may need further shaving. Making sure any hairs growing further down on the neck are removed.



STEP 33

We refine around the bottom lip applying gentle pressure.



STEP 34

Asking the client to manipulate his face to flatten the facial contours to make it easier for you to shave to ensure client comfort. Line up the sideburns with the blade to ensure a razor sharp finish.



STEP 35

We continue to refine the rest of the shave, constantly feeling the face for any areas that need further shaving. You can use a tonic such as fresh heads to provide a great smelling scent to the towels before applying.



STEP 36

We apply the cold towels to close the pores and soothe the skin.



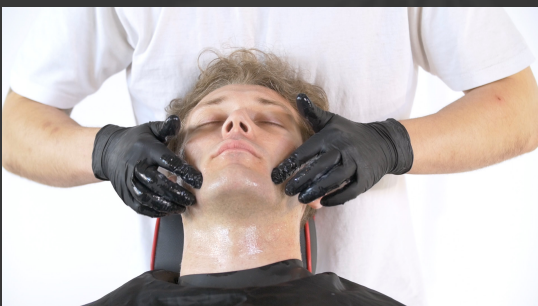
STEP 37

After removing the cold towels we remove any excess product from the face.



STEP 38

We apply a post shave balm to recondition the skin .



STEP 39

We use a light effleurage massage technique then tapotement to encourage blood back to the surface of the skin.



STEP 40

Excess post shave balm is removed with a clean tissue.



STEP 41

We use a brush with talc on it to remove any unwanted hairs.



STEP 42

An astringent in the form of an aftershave is used to sterilize the skin. It fully closes the pores and provides a superb scent.

*HANDY TIP - Aftercare advice could be to make sure your client exfoliates at least once a week, to prevent ingrown hairs and moisturise the skin after washing to prevent the skin from drying out.

Sit the client upright and give them time to come to, as quite often clients can fall asleep during this service.



FINISH